

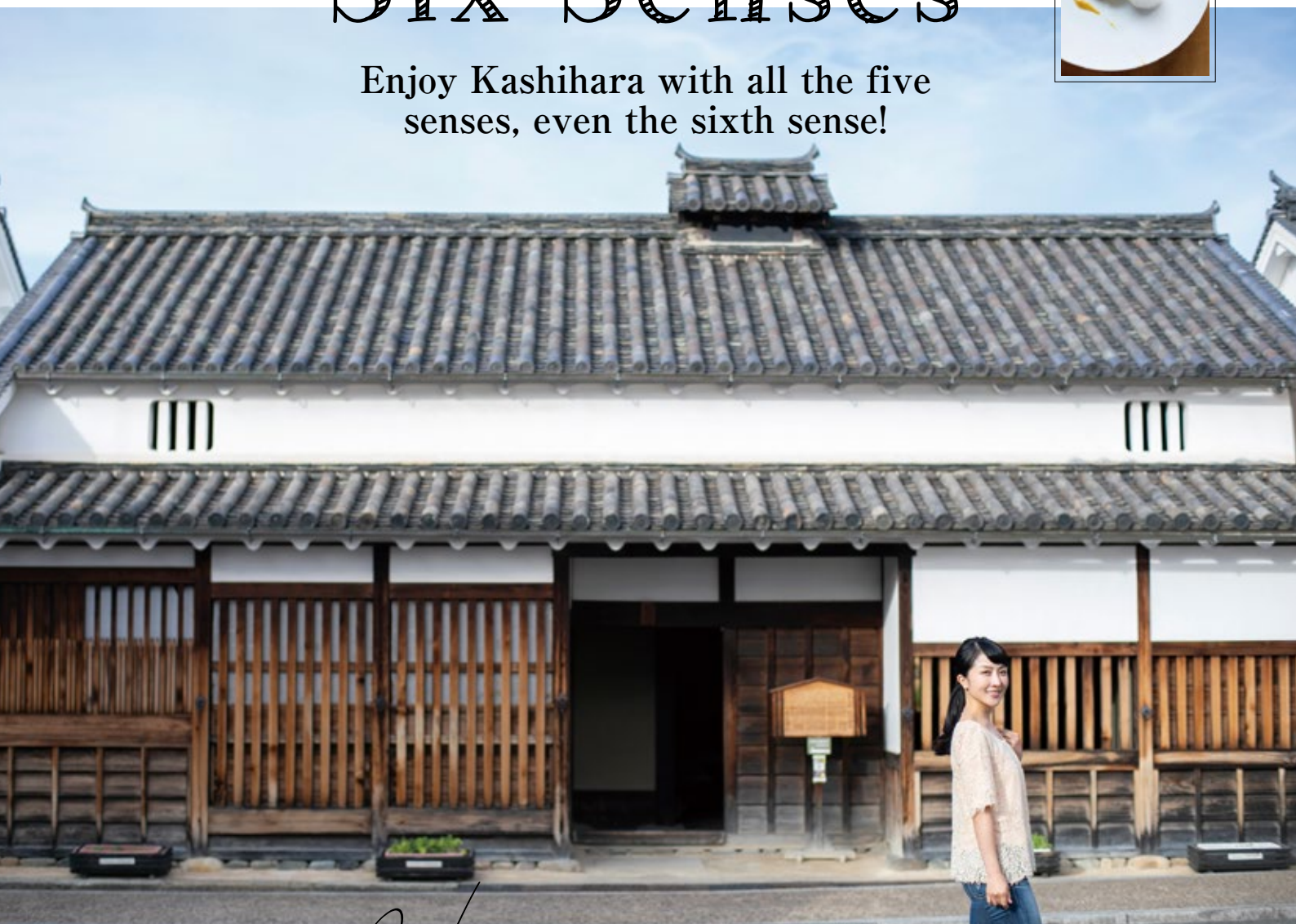
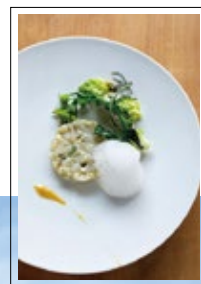


FREE
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Kashihara Six Senses

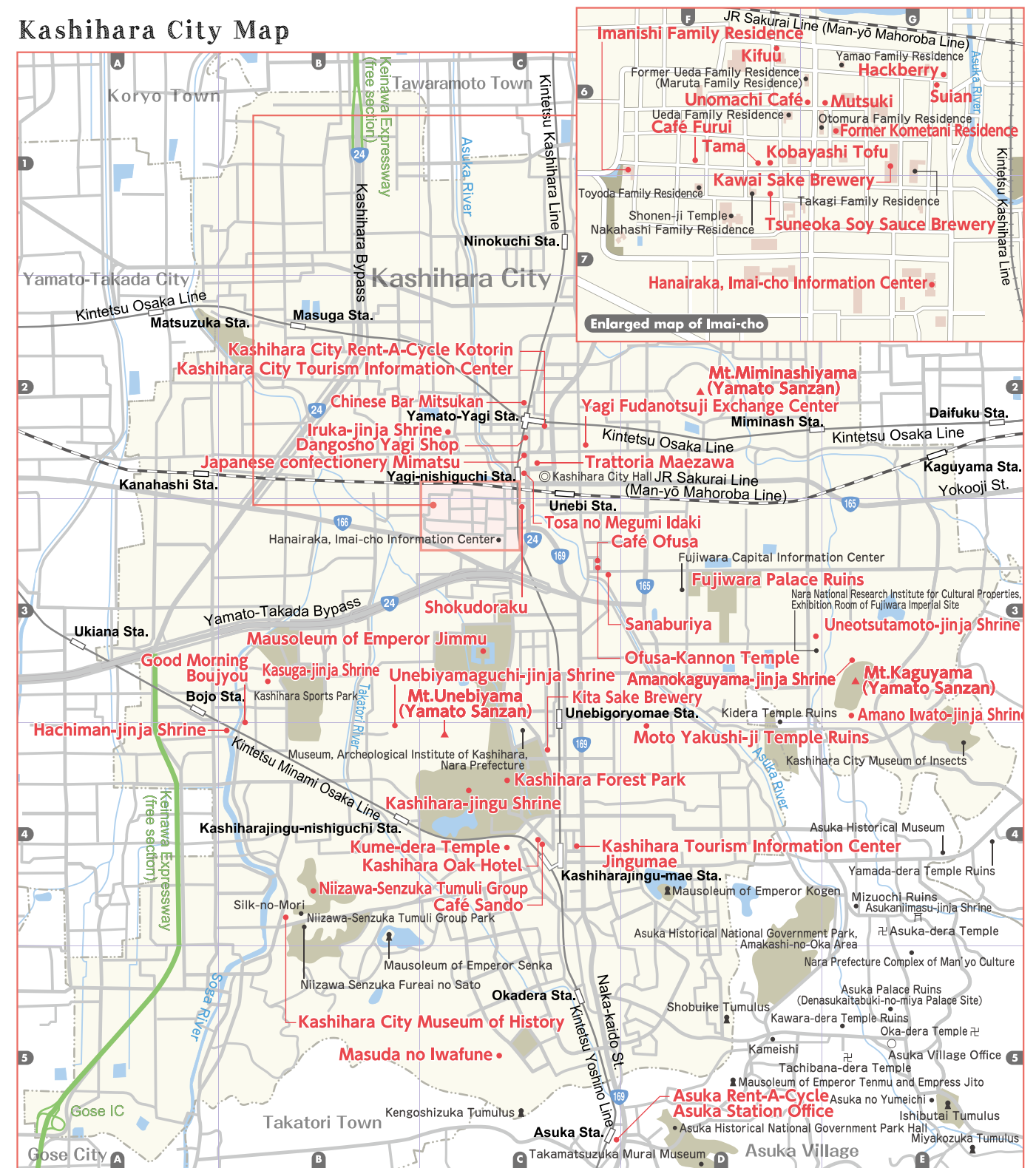
Enjoy Kashihara with all the five senses, even the sixth sense!

Filled with cuisine,
cafés,
and seasonal spots



Have a nice trip

Kashihara City Map



Directions to Kashihara City

By Train	Tokyo Station	Shinkansen bullet train	Kyoto Station	Kintetsu Limited Express	Yamato-Yagi Station	(About 3 hours 10 minutes)
	Nagoya Station			Kintetsu Limited Express	Yamato-Yagi Station	(About 1 hour 50 minutes)
	Osaka Station		Tsuruhashi Station	Kintetsu Limited Express	Yamato-Yagi Station	(About 1 hour)
	Osaka Station	Tennoji Station / Osaka Abenobashi Station		Kintetsu Limited Express	Kashiharajingu-mae Station	(About 50 minutes)
By Car	About 14 km to central Kashihara City on the Nishi-Meihan Expressway from the Tenri Interchange on the Meihan Expressway About 22 km to central Kashihara City on the Minami-Hanna Expressway from Mihara Junction on the Hanwa Expressway					
By Airport Bus	About 1 hour to Yamato-Yagi Station by limousine bus from Kansai International Airport					

Tourism Information Centers

The central and southern areas of Nara Pref.
Kashihara City Tourism Information Center
 1-6-8 Naizen-cho
 9 a.m. - 7 p.m.
 Open year-round [MAP] C-2
Asuka Region Tourism Information Center Jingumae
 652-2 Kume-cho
 9 a.m. - 7 p.m.
 Open year-round [MAP] C-4

Kashihara City Volunteer Tour Guides

Volunteer guides introduce Kashihara, providing clear explanations of its highlights, cuisine, history, and culture.
 Guide charge: Free
 (1,000 yen per guide for transportation expenses / Separate charge for food expenses if time overlaps with meal times)
 (Kashihara City Tourism Association)

Kashihara City Tourism Association
 *Please direct accommodation-related requests to accommodation facilities

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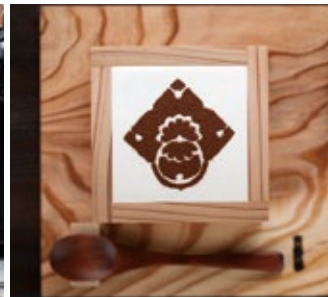
kashiharashikankoukyukai
 kashihara_tourism
<https://www.kashihara-kanko.or.jp/>

*The information published in this pamphlet is valid as of February 15, 2019 if not indicated otherwise. There may be changes from this information, so please inquire with each facility for the latest information and details.
 *The various costs printed in this pamphlet are the total prices with the 8% consumption tax already included.



The Avocado Bowl, the most popular dish, uses a whole avocado and is topped with a soft-boiled egg and Italian pancetta. Try it during lunchtime from 11 a.m. to 3 p.m.

The café interior, a renovated row house from the early Showa period, has a counter (4 seats), tables (6 seats) and a tatami room (4 people). "Koma-tsunagi" means a ring used to tie horses and cows to the house in the Edo period in Imai-cho. The coffee uses beans roasted at Tomitaya in the neighborhood.



Try the Koma-tsunagi tiramisu in a Yoshino cedar container.

Mutsuki

This café opened in April 2018. Its menu features the owner's homemade sweets, light meals, and seasonal drinks that pair well with the flavor of the ingredients. The tiramisu made with many layers of dried persimmons, matcha mizuyokan jelly, home-made red bean jam, cheese cream, and more, is this café's top recommendation. It has a good bittersweet taste!

1-9-12 Imai-cho [MAP](#) G-6

An extraordinarily comfortable café to relax in whenever your visit.

Hackberry

Located in an old, traditional, self-renovated house. It bustles with many customers throughout the day, and its extensive menu features Japanese and western fusion lunches, homemade cakes, western pancakes, and more. Its stylish, warm interior is great.

1-3-3 Imai-cho [MAP](#) G-6

A Japanese café renovated from a treasured, traditional, 300-year-old house.

Café Furui

The quintessence of Imai-cho's traditional architecture, the space has the original appearance of an Imai-cho house such as beams and latticed windows. It has a sweets and café menu with items such as black sesame pudding, as well as light meals such as Kakinohazushi(sushi wrapped with persimmon leaf), soba noodles and more. There is also a tea garden next door where pets are allowed, so come here to have a relaxing time.

4-6-13 Imai-cho [MAP](#) F-6

Take a rest

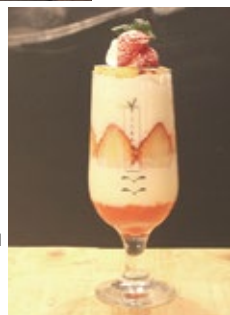
The carefully maintained original appearance of a mid-Edo-period townhouse with repairs and renovations spanning 13 generations.



Many unique cafés



It has a seagull motif because its first location was near Uno Port in Okayama.



The seasonal crème brûlée parfait with strawberry sorbet and milk pudding has a light, refreshing aftertaste.

Enticing with its attractive menu and friendliness.

Unomachi Café Nara

The second location of this popular Okayama café opened in December 2018 in Imai-cho. In addition to photogenic parfait and lassi you'll want to upload to social media, there are also toast, curry, and more. The back terrace is recommended for relaxing during the warm seasons.

4-3-6 Imai-cho [MAP](#) G-6



An old hardware merchant's house where you can experience the Edo period lifestyle.

Former Kometani Residence

Once owned by the Kometani family, it is now an Important Cultural Property open to the public. It has an impressive architectural style with a gabled roof, hon-kawarabuki tile-roofing, and a hirairi main entrance. The interior has a wide earthen floor, a rarity in Imai-cho, a veranda facing the back garden, and other features, and photographs are encouraged.

1-10-11 Imai-cho [MAP](#) G-6



For the start of a stroll, learn the history of Imai-cho.

Hanairaka, Imai-cho Information Center

This archival center in an old educational museum from the Meiji period is located in the southeast corner of Imai-cho. It has displays that explain the history of Imai-cho. It also has coin-operated parking spaces, making it the perfect spot for people arriving by car.

2-3-5 Imai-cho [MAP](#) G-7



Get lost in the Edo period A stroll through Imai-cho

A place where lifestyle and history coexist, Imai-cho still has the appearance of the Edo period. Imai-cho was once so prosperous that there was a saying that "70% of Yamato's gold can be found within Imai." Many dignified buildings still remain. About one third of its 1,500 buildings are traditional. Enjoy a relaxed ramble among them.

Discover fresh soy sauce fermented through the power of nature.

Tsuneoka Soy Sauce Brewery

The brewer maintains the traditional production method of soy sauce prepared in Yoshino cedar vats since its establishment in the Meiji period. The moromi main mash is fermented over a long time period by carefully laying it out for one to two years. The resulting soy sauce has a well-rounded aroma and is full of flavor. It's available in sample sizes, such as a 200 ml bottle, so it's great as a souvenir.

3-2-34 Imai-cho [MAP](#) F-7

◆See p.10 for product information

A flourishing venerable warehouse.

A historic sake brewery operated since the Edo period.

Kawai Sake Brewery

With its main house designated as a national Important Cultural Property, this is Imai-cho's only sake brewery. The building offers a glimpse at wealthy merchants with its tatami room and other features on the second floor. It is possible to visit (for a fee) the exhibition room showing precious sake brewing equipment during the period outside the brewing season (around spring to October).

1-7-8 Imai-cho [MAP](#) G-6

◆See p.10 for product information

Experience the lifestyle

You can go inside the townhouse too.

Deep flavor

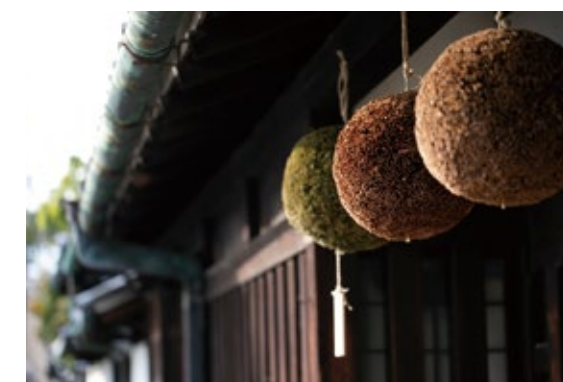


A truly treasured castle-like building rebuilt in 1650.

Imanishi Family Residence

Living on the west side of Imai-cho, this family held the rank of Sotoshiyori (town elder). It is said that during the summer siege of Osaka, because the fifth generation head of the family protected the west entrance to Imai-cho from Toyotomi Hideyori, he was offered the name of Imanishi by Tokugawa Ieyasu. The splendid building and interior courtyard are worth seeing.

3-9-25 Imai-cho [MAP](#) F-6





Heal yourself with the fragrance of flowers

Although it is the second largest city in the prefecture after Nara City, Kashihara City has many tranquil landscapes. Lovely flowers welcome you to historic landmarks and temples. The representative highlights are introduced here.

sense 2

Smell



Foodie Spot

Tearoom at the rose temple
Café Ofusa
Relax with tea while gazing out at Enkutei garden behind the main temple building. The damask rose essence juice is the most popular. Cool off with shaved ice while listening to the wind chimes in summer.



6-22 Ofusa-cho [MAP] C-3

d
Spellbound by the fragrance of roses
Ofusa-Kannon Temple
This commoners' temple is beloved as a temple for health. About 4,000 flowers, including English rose, in about 3,800 varieties of rich rose fragrance and colors overflow the grounds.
6-22 Ofusa-cho [MAP] C-3
Roses
mid-May to mid-June / mid-October to early November

c
Known as a flower temple
Kume-dera Temple
This temple was built by the younger brother of Prince Shotoku at the wishes of Empress Suiko. A hydrangea garden is opened in early summer to the public with 3,500 flowers of about 40 varieties. The Thunberg's meadowsweets in March and azaleas in May are also famous.
502 Kume-cho [MAP] C-4
Hydrangeas
early June to early July

b
Violet flowers floating on water
Moto Yakushi-ji Temple Ruins
This temple was the predecessor to Yakushi-ji Temple in Nishinokyo of Nara City. The roughly 14,000 water hyacinths growing in the surrounding fallow fields will enrich your heart with their lovely faint violet color.
Kidono-cho [MAP] D-4
Water hyacinths
late August to early September

a
A sprawling carpet of flowers
Fujiwara Palace Ruins
Multicolored flowers thrive in this vast area of land, including about 2.5 million canola blossoms, 11 varieties of lotus flowers, and cosmos flowers that completely cover 30,000 square meters.
Takadono-cho, etc. [MAP] D-3
Rape blossoms early to mid-April
Lotus early July to mid-August
Cosmos early to mid-October



Mountains that appear in Japanese myths and waka poetry.

Yamato Sanzan

Yamato Sanzan (three mountains of Yamato) is the general term for Mt.Kaguyama, Mt.Unebiyama, and Mt.Miminashiyama in Kashihara City. The mountains are unchanged since ancient times. Mt.Kaguyama, known as "heavenly Mt.Kaguyama," was said to have descended from heaven in the Fudoki (ancient local reports). Mt.Unebiyama has the shrine of Emperor Jimmu at its base.

[MAP] E-3/C-4/D-2

See hidden history in a casual atmosphere

Located in the center of Nara Prefecture, Kashihara City is alive with the history of various eras. Open up your senses and take a relaxed walk to discover several legends amidst the casual atmosphere.



The location of Japan's first capital

Fujiwara Palace Ruins

Fujiwara capital was a large city and the first capital in Japanese history during the time spanning the Asuka period and the Nara period. The palace ruins remain as an expansive field with the appearance from 1,300 years ago. You can enjoy seasonal flowers and views of the Yamato Sanzan mountains.

[MAP] D-3

Enshrines the Amano Iwato Rock

Amano Iwato-jinja Shrine

This ancient shrine enshrines the rock that concealed the sun goddess Amaterasu according to legend, and lacks a main shrine building. The "miracle of 7 bamboo trees" originates from here, in which old bamboo trees wither and 7 new trees are grown each year.



772 Minamiura-cho [MAP] E-3

walk around the most sacred Mt. Kaguyama

The area around Mt.Kaguyama, the subject of religious beliefs, has many old shrines. From the starting point, it takes about 10 minutes to climb the hill-like mountain with an elevation of 152.4 meters.

Step into the legendary world



114 Kinomoto-cho [MAP] D-3

Uneotsutamato-jinja Shrine

Enshrines the goddess Nakisawame. According to the Kojiki (Records of Ancient Matters), Nakisawame was born from the tears shed by the god Izanagi, who had lost his wife. Experience its quiet, sacred atmosphere.

Foodie Spot

Fragrant rice cake freshly pounded each morning

Sanaburiya

Sanaburi is the holiday after rice planting. This shop still sells the rice cakes eaten on the last rice-planting day. They are characterized by their granulated texture made with half whole wheat and half sticky rice.

243 Nawate-cho [MAP] C-3



Kashihara Festivals

There are regional festivals held throughout Nara Prefecture. Kashihara City too has many traditional events passed down for generations.

Kume-dera Temple Nerikuyo

May 3 at Kume-dera Temple

A festival before the busy farming season in spring. A roughly-100-meter bridge lined with 25 bodhisattvas that evokes the bridge of Amida Buddha that connects our transient world and the Buddhist Pure Land.
[MAP] C-4

Horanya Fire Festival Shrine and Hachiman-jinja Shrine

A summer fire festival representative of Nara which is also a Prefectural Intangible Folk Cultural Property. It is a majestic, bustling festival in which 16 torches are dedicated at Hachiman-jinja Shrine and Kasuga-jinja Shrine in Higashibojo-cho. [MAP] B-3-4

Feel the Edo period

Yagi Fudanotsuji Exchange Center

The Hirataya inn was on the crossing of the old roads known as Shimotsu-Michi St. and Yoko-Oji St. Looking at the building with its old appearance, let you experience the feelings of a time past, when this was a crossing for people going east for the Ise pilgrimage and south for the Omine pilgrimage.

2-1-1 Kitayagi-cho [MAP] C-2



sense 1

Sight

This is the place to see Nara's characteristic scenery!

Because the view from the Fujiwara Palace Ruins to Mt.Kaguyama has no concrete buildings, it seems like a location in a movie by director Kawase Naomi.

The authentic Szechuan mapo tofu, a signature dish that expertly combines Szechuan peppers and chili peppers, as well as the steamed meat dumplings made with Baaku pork from Izumisawa Farm in Gojo are must-orders! Eat them while they're piping hot.



Homemade soba noodles and à la carte dishes

Suian

The soba noodles made each morning by the owner are thin with a smooth texture. The Imaizen is recommended, with soba noodles served in broth or separately in a basket as well as a seasonal item and tempura. At night, in addition to soba, it turns into a little restaurant serving seasonal fish and vegetables. Enjoy this with local Nara sake.

1-4-35 Imai-cho [\[MAP\]](#) G-6



It's best to visit as early as possible at lunch as there are many local regulars. There are counter seats and a tatami room in the restaurant.



Soba Noodles



sense 3

Taste

Chinese



Enjoy the lively local ambiance

Chinese Bar
Mitsukan

A popular restaurant in the northwest area of Yamato-Yagi Station known as "Ura-Yagi" (Yagi backstreets). There are so many fans attracted to their healthy flavors brought out the best in seasonal ingredients from classics to original creations using seafoods and vegetables. You should also try the Chinese medicine drinks made by the owner's wife.

4-4-5 Naizen-cho [\[MAP\]](#) C-2

Half-size servings are also available, so let the staff know.

Japanese Bar



The owner, fascinated by Kochi's local sake and fish, serves with excellent hospitality and fresh seasonal ingredients.

Tosa cuisine in a hidden house on a backstreet

Tosa no Megumi Idaki

This locally-famous Kochi cuisine restaurant is nestled in the street outside Yagi-Nishiguchi Station. The lightly grilled bonito sashimi has its fat still on for a melt-in-your-mouth delicious flavor of glossy fish meat. You should also try the fried moray eel with a springy texture.

1-9-10 Yagi-cho [\[MAP\]](#) C-2

Seasonal dish (example)



The interior, a renovated 300-year-old warehouse, is a modern Japanese style space with unchanged traditional beams of bright, plain wood.

Japanese

Casually beautiful, authentic Japanese cuisine

Kifuu

The owner, who trained at a Japanese restaurant for 17 years, opened this kaiseki restaurant in 2016. The lunch full-course meal, about 11 seasonally flavored dishes such as sashimi, a grilled dish, and a seasonal rice dish in an earthenware pot, is tremendously popular every day.

4-2-14 Imai-cho [\[MAP\]](#) F-6

French

Various types of delicious restaurants in Kashihara City

There are many lovely restaurants you will want to go to, such as a French cuisine and soba noodles restaurant in a renovated Machiya traditional townhouse, a bar and izakaya where locals gather, and more.



Roasted Jerusalem artichokes that topped with ripe nameko mushrooms and dried enoki mushrooms from Totsukawa Village in Nara Prefecture finished with a fermented mushroom sauce

Roasted duck raised in Mount Katsuragi garnished with purple vegetables (lower left)



Italian



Elegance in a relaxed atmosphere

Trattoria Maezawa

Strives as much as possible for its sauces, bouillon, pizza dough, etc. to be homemade, and uses plenty of organic vegetables centered on ingredients from Nara Prefecture. Popular menu items are the Yamato Beef steak and the sea urchin carbonara with homemade pasta. Relax in the open atmosphere.

2nd floor, 1-7-38 Yagi-cho [\[MAP\]](#) C-2



Scallop tartare with local vegetables, finished with Uda saffron sauce and tomato essence foam (lower right)

sense 5

Touch

Over 2,000 years from the Jomon period
to the Edo period!

Touch and experience Japanese history

Kashihara City, where the histories of the various eras of Japan live on, is a treasure trove of cultural assets.

By enjoying learning at the experience-based history museum,
you'll have double the excitement when actually touring the ancient tumuli and historic landmarks.



See, touch, and experience

Kashihara City Museum of History

This museum displays everything from Kashihara City's historic ruins to excavated materials on a scale of over 2,000 years. It's also interesting to see the work environment of the staff who restore the artifacts.

858-1 Kawanishi-cho B-4

At the same distance as researchers!



Touch real artifacts!

Look forward to what you can touch!



Take a walk among the tumuli!

Niizawa-Senzuka Tumuli Group

The park adjoining the museum is actually a group of about 600 prominent Japanese ancient tumuli. A promenade is set up among the tumuli, and it's a nice feeling to take a relaxed walk on it. B-4

You can see the burial accessories excavated from the tumuli cluster at the museum. Some of the items are from as far-away as Persia and China too.



The Asuka area, the village of ancient romance, is nearby. It's recommended to visit them all together!



Asuka Village has a nostalgic agricultural village atmosphere unchanged since old times, with historic features preserved under Asuka law. Visit the precious scenery you can only find here.



Take a history tour on a rented bicycle

Riding from Kashihara to the Asuka area is a popular trip on rented bicycles. Take a freewheeling tour while enjoying the historic ruins and nostalgic scenery here and there. Renting an electric bicycle will be recommendable for Asuka area.

—You can rent a bicycle here—

●Kashihara City Rent-A-Cycle Kotorin

It's on the first floor of the Kashihara City Tourism Information Center, so it's convenient to do alongside gathering information.

1-6-8 Naizen-cho C-2

●Asuka Rent-A-Cycle Asuka Station Office

At a convenient location outside Kintetsu Railway Asuka Station. There are also three other offices, so check them out!

13-1 Koshi, Asuka-mura C-5

Relax at a retro coffee shop

Café Sando

Café Sando has been loved by local regulars and pilgrims to Kashihara-jingu Shrine for about 50 years. Filled with the appeal of a homely coffee shop from the good old days, fostered by the kind couple who run it. There are daily set meals for lunch.

903 Kume-cho C-4

Foodie Spot



A sacred area at the foot of Mt.Unebiyama

Kashihara-jingu Shrine

Kashihara-jingu Shrine is built on the site of where Emperor Jimmu, the first emperor of Japan, was said to be enthroned. The expansive grounds measuring about 530,000 square meters give a refreshing feeling filled with a pure atmosphere. You'll want to have a majestic visit in the early morning surrounded by silence.

934 Kume-cho C-4



Kinshi Mikuji

Features a design of the lucky bird that guided Emperor Jimmu to victory during the hard-fought battle with local ruling families during the legendary founding of Japan.



Ayu Mikuji

With the fish that has a close connection to Emperor Jimmu, this omikuji fortune derives from the legend that a sweetfish predicted his victory in battle.



Victory! Omikuji fortune

Enshrining Emperor Jimmu and the Empress, Kashihara-jingu Shrine is known as a "power spot" for better fortune and luck. Check out the omikuji fortunes and omamori amulets!

Feel the sacred atmosphere

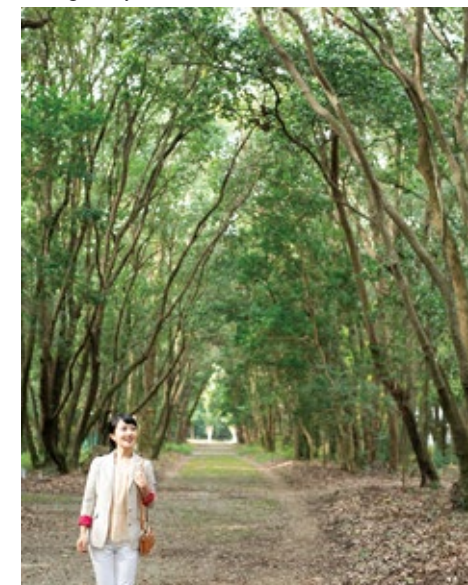
Mausoleum of Emperor Jimmu

This is the imperial tomb of Emperor Jimmu, Japan's first emperor. Walk the long gravel approach to the large torii gate made of unpainted natural wood. You can visit it together with Kashihara-jingu Shrine as it adjoins to the north. You can also receive an imperial tomb visit stamp at the Mausoleum Regional Office.

Okubo-cho C-3



Grounds filled with nature including the Forest Park where evergreen trees, such as camphors and oaks grow thickly, and Fukada Lake with its quiet grace. Take a walk while feeling divine healing after your shrine visit.



sense 4

Hearing

Listen to the early morning stillness in the land where Japan began

Kashihara-jingu Shrine is a sacred place representative of Kashihara City. On the expansive grounds of Mt. Unebiyama, have a morning shrine visit to cleanse your soul. Separate yourself from your busy life and return to nature's rhythm.



A Chinese restaurant filled with a local atmosphere.

Shokudoraku

The surprising volume of food comes from the owner's wish to fill the bellies of local university students. The restaurant is supported by locals, such as one family of four generations that comes to eat there.

1-4-3 Minamiyagi-cho C-3

Foodie Spot



Japanese confectionery Mimatsu

Fruit Daifuku Rice Cake

An exquisite balance of fruit, lightly wrapped white bean jam, and refined gyuhi mochi. The juicy daifuku rice cakes also have cute packaging, making them perfect as souvenirs.

1-8-5 Yagi-cho [MAP](#) C-2

The great big fruits will make you happy.

Tsuneoka Soy Sauce Brewery

Murasaki 200 ml
Ponzu Soy Sauce 300 ml
Jun-Koikuchi 300 ml

Tsuneoka Soy Sauce Brewery brings out the flavor by resting the product for four seasons after preparing it in spring each year. The strongly-flavored soy sauce is brewed for over one year. The Murasaki soy sauce, prepared over two years, is an exquisite item with even further depth and robustness.

3-2-34 Imai-cho [MAP](#) F-7

The flavorful Honjozo Soy Sauce is prepared in Yoshino cedar vats.



The smooth, mellow flavor yields many repeat customers

Dangosho Yagi Shop

Kinako dango (soybean flour dumpling)

This is the place for snacks and presents in Kashiwara! Featuring dango dumplings with a light texture made with rice flour and the secret-recipe sweet sauce. They're freshly made and covered with soybean flour in the shop.

1-3-8 Naizen-cho [MAP](#) C-2



This venerable shop has made kinako dango for 140 years. You can enjoy them sitting in the chairs in the shop.

Sticky, gentle flavor You'll get addicted to the sweet sauce.



Sweet and crisp sake passed down through generations



Kita Sake Brewery

Miyokiku Yama no Kami 720 ml
Yamato no Kaori 720 ml

The Miyokiku sake uses Yama no Kami sasayuri yeast from Omiwa-jinja Shrine, and Yamato no Kaori sake has a casual taste. This venerable brewery faithfully upholds the dedication of its founder.

8 Gobo-cho [MAP](#) C-4

Venerable sake brewery founded in 1718. It produces Nara-esque vintages.

How about pouring a drink into a smiley-face sake cup?

Kawai Sake Brewery

Honjozo Genshu Shusse Otoko 720 ml
Junmaishu Unebi 720 ml
Sake cup with logo

This 280-year-old sake brewery melts into the Imai-cho streetscape. Its representative sake Shusse Otoko is perfect for presents. Get the playful sake cup set.

1-7-8 Imai-cho [MAP](#) G-6

It has a selection of slightly dry sake that pair well with food.



Kobayashi Tofu

Kinugoshi Dofu (Silken Tofu) Yamato Age

This tofu shop, where the owner does everything from production to delivery himself, has had many fans for many years. The large, Yamato Age pieces, fried at a high temperature, is a great mixture of thin fried aburaage tofu and thick fried atsu-age tofu.

4-5-12 Imai-cho [MAP](#) F-6

You can buy konjac, tofu, fried tofu, soy milk, and more from the vending machine outside the shop.

Please try Nara's famous specialty Yamato Age.



Souvenir

Kashiwara Souvenirs

A full selection of Kashiwara souvenirs you'll want to buy, from the signature items of shop with a long history to noteworthy new items. Find your favorites.



Four Haniwa figure shapes: horse, soldier, bell, and vessel. From simple 2-piece boxes to 30-piece boxes are available



Signature Kashiwara souvenir modeled on Haniwa pottery. **Haniwa Manju**

Smooth koshian red bean jam is nestled within soft castella sponge cake. There are also white bean jam and cream flavors, as well as limited-time-only chocolate.

Discover the delicious milk caramel-like flavor of So cheese!

Kashiwara Oak Hotel

Asuka Otome

This is an original sweet from the Kashiwara Oak Hotel using traditional old "So" cheese. The Japanese-style butter cake pairs well with the flavor of the traditional cheese boiled down from cow's milk.

905-2 Kume-cho Jingu-mae [MAP](#) C-4

The beautifully-colored cake has three kinds of Japanese chestnuts, plums, and matcha and adzuki beans. It matches the rich flavor of So cheese with its not-too-sweet taste and moist texture.



The faintly expanding sweet flavor of So cheese

Kashiwara City Tourism Information Center Souvenir Shop

So Yanen Kashiwara, 5 pieces

These confectionary creations were devised by local confectioner Sasanotomi as sweets for Kashiwara-jingu Shrine. The So cheese reproduced by the local Nishii Ranch is used to add flavor.

1-6-8 Naizen-cho [MAP](#) C-2



Mutsuki

Mutsuki Chopsticks (3 pairs)
Akahada ware chopstick rest, Nara painting

Yoshino cedar chopsticks and cedar items made by the brother-in-law of a chopstick wholesaler, and chopstick rests and small dishes with Nara paintings by an artist on Akahada ware. A selection of refined local items.

1-9-12 Imai-cho [MAP](#) G-6

There is a corner with assorted items in the café, so drop by when you have tea.

Yoshino cedar chopsticks and Akahada ware



You'll arrive after a walk of around 5 minutes up a slightly elevated hill in a residential area. It measures about 11 meters east to west, 8 meters south to north, and with a height of 4.7 meters. It's made of granite and said to weigh about 800 tons.



Photo by TOGO YUTA

The truth is still shrouded in mystery.

Masuda no Iwafune

This massive mysterious stone suddenly appears within a bamboo grove. It's not clear who put it here or why, but there are various theories, such as that it was a stone monument to a prominent monk Kobo-Daishi, an astrological monument, or a prat of tumulus under construction. It became a sightseeing spot of Yamato Province during the Edo period.

8 Shirakashi-cho [MAP](#) C-5



A tree that appears in legends is in the shrine grounds!

Foodie Spot

Bread and self-serve breakfast

Good Morning Boujyou

This is a new style of café from Rustic Bakery, a famous bread store. You order the "drink bar" option (all the self-serve drinks you want, including tea gruel), and then freely relax in the old, traditional house. Make it a breakfast set for an additional charge!

839-1 Higashibojo-cho [MAP](#) B-4



The Bambi Bread with its exquisite wheat aroma and melt-in-your-mouth texture.



It also has a guesthouse (B&B). Please inquire for details.



Sharpen your instincts

The mystery of eternal land

Legends passed down for millennia, and historic ruins and sacred places that have been preserved. Refresh yourself by stimulating your dormant "sixth sense" in these places that said to be "power spots."

sense 6

Spirit

Amanokaguyama-jinja Shrine

The hahaka tree located in the grounds appears in Kojiki (A Records of Ancient Matters). As a practice of fortune-telling, its bark is used to burn the bones of deer in Mt.kaguyama.

608 Minamiura-cho [MAP](#) E-3

For prayers for pregnancy and easy childbirth



Dotted with old shrines where you can feel the power

Iruka-jinja Shrine

The legendary Soga no Iruka is enshrined here. According to history, the deities specializes in healing illness above the neck, as well as giving blessings for academic achievement.

335 Shoko-cho [MAP](#) C-2

Unebiyamaguchi-jinja Shrine

This shrine is said to have been at the foot of Mt.Unebiyama since the 7th century. There is a belief that there is a god that grants easy childbirth, and there is a sacred stone for pregnancy in the shrine grounds.

157-1 Otani-cho [MAP](#) B-4

A historical figure, Soga no Iruka is enshrined here

